

# St. Aidan's Catholic Primary School

## Menu



| Dates           | Week One                                   |                                  |   |   |                                |
|-----------------|--|----------------------------------|---|---|--------------------------------|
| Week Commencing | Monday                                     | Tuesday                          | Wednesday                                 | Thursday                                | Fun Friday                     |
| 15.4.24         | Toad in the Hole<br>[1, 2, 5, 8]           | Chilli                           | Roast Chicken fillet<br>& Stuffing        | Bacon & Tomato<br>Pasta<br>[1]          | Chicken Nuggets<br>[1]         |
| 13.5.24         | Mashed Potatoes                            | Rice                             | Roast Potatoes                            | Or                                      | Chips<br>Ketchup               |
| 17.6.24         | Broccoli,<br>Onion Gravy<br>[1]            | Toasted Pitta<br>Bread<br>[1]    | Carrots<br>Cauliflower<br>Gravy<br>[1, 5] | Macaroni Cheese<br>(V)<br>[1, 5, 7, 8]  | Quorn Nuggets (V)<br>[1, 2, 5] |
| 15.7.24         | Vegetarian<br>Sausages (V)<br>[1, 2, 5, 6] | Quorn Mince Chilli<br>(V)<br>[2] | Quorn fillets (V)<br>[2,5]                | Peas                                    | Iced Fairy Cake<br>[1, 2, 8].  |
|                 | Chocolate chip<br>cookie<br>[1, 5, 8]      | Angel Delight<br>[1, 5]          | Shortbread biscuit<br>[1, 8]              | Garlic Bread<br>[1, 8]                  |                                |
|                 |  | Strawberries                     |   | Fruit Crumble &<br>Custard<br>[1, 5, 8] |                                |

| Dates           | Week Two                              |                                      |   |                                      |  |
|-----------------|---------------------------------------|--------------------------------------|---|--------------------------------------|--|
| Week Commencing | Monday                                | Tuesday                              | Wednesday   | Thursday                             | Fun Friday   |
| 22.4.24         | Chicken Goujons<br>Beans<br>[1, 2, 5] | Spaghetti<br>Bolognaise<br>[1]       | Chicken Casserole<br>Roast Potatoes<br>Seasonal Veg<br>Peas<br>Gravy<br>[1] | Vegetable Pasta<br>Bake<br>[1, 5, 7] | Deep Pan Pizza<br>with assorted<br>topping<br>[1, 7] |
| 20.5.24         | Potato Shapes<br>[1]                  | Grated cheese<br>[1, 7]              | Quorn Casserole<br>[2]  | Peas<br>Grated cheese<br>[1, 7]      | [Suitable for<br>vegetarians]                        |
| 24.6.24         | Quorn Goujons (V)<br>[1, 2]           | Quorn Mince<br>Bolognaise (V)<br>[1] | Flapjacks<br>[1, 8]   | Rice Pudding<br>Jam<br>[5, 8]        | Garlic Bread<br>[1]                                  |
|                 | Carrot Cake<br>[1, 2, 5, 8]           | Fresh Fruit jelly                    |   |                                      | Iced Chocolate<br>cup cake<br>[1, 2, 8]              |

| Dates           | Week Three  |                                    |  |                                   |  |
|-----------------|---|------------------------------------|--|-----------------------------------|--|
| Week Commencing | Monday  | Tuesday                            | Wednesday  | Thursday                          | Fun Friday   |
| 29.4.24         | Homemade Meatballs in Tomato Sauce [1, 2, 7]<br>Tomato Pasta (V) [1]<br>Peas<br>Oaty Cookies [1, 8] | Chicken Curry [1, 4]               | Roast Gammon                                       | Mince Pasta Bake [1, 7, 8]        | Beef Burger in a Bun<br>Chips<br>Ketchup [1, 6]          |
| 3.6.24          |   | Rice Naan Bread [1, 5]             | Roast Potatoes<br>Seasonal Vegetables<br>Gravy [1] | Vegetable and Tomato bake (V) [1] |  |
| 1.7.24          |   | Quorn Curry (V) [2]                | Quorn Roast (V) [2]                                | Shortbread Biscuit [1, 8]         | Veggie Burger (V) [1, 2, 5]<br>Iced fairy cake [1, 2, 8] |
|                 |   | Marble Cake & Custard [1, 2, 5, 8] | Fruit Salad [4]                                    |                                   |  |

| Dates           | Week Four   |   |   |                                       |  |
|-----------------|---|---|---|---------------------------------------|--|
| Week Commencing | Monday  | Tuesday                                       | Wednesday   | Thursday                              | Fun Friday                                 |
| 6.5.24          | Beef Lasagne [1, 2, 7]<br>Peas [1, 5, 7]<br>Tomato Pasta (V) With Cheese [7, 8]<br>Yum Yum biscuits [1, 2, 8] | Jacket Potatoes with choice of fillings [2,7] | Roast Pork<br>Roast Potatoes<br>Seasonal Veg<br>Gravy [1] | Sizzling Sausage & Rice [1]           | Chicken fajitas [1]<br>Salsa<br>Nachos [1] |
| 10.6.24         |   | (Suitable for Vegetarians)                    | Quorn Roast (V) [2]                                       | Vegetarian Sausage (V) [1]            | Quorn Fajitas (V) [1, 2]                   |
| 8.7.24          |   | Flapjacks [1, 8]                              | Fruit Salad   | Vanilla Sponge & Custard [1, 2, 5, 8] | Chocolate Crispy Cake [5]                  |

- Where required gluten/dairy free products available.  
Salad Bar available every day.

1. Gluten
2. Eggs
3. Fish
4. May contain traces of nuts
5. Milk
6. Soya
7. Cheese
8. Dairy