



St Aidan's Catholic Primary School



Personal, Social, Health, Economic (PSHE)
Relationship Sex Education (RSE)





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What is PSHE and RSE Education?

PSHE and RSE Education at St. Aidan's is taught through the TEN:TEN scheme. This is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to successfully manage their lives – now and in the future. As part of a whole-school approach, PSHE and RSE Education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. TEN:TEN is a diocese approved scheme that ensures all aspects of the PSHE and RSE curriculum are taught at an age appropriate level.

What do schools have to teach in PSHRE Education?

According to the National Curriculum, every school needs to have a broad and balanced curriculum that:

- promotes the spiritual, moral, social, cultural, mental and physical development of pupils at the school;
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life;
- promotes British values.

At St Aidan's, we will aim to teach PSHE and RSE within the context of our values, showing respect for all cultures and faiths and underlining the importance of happy, mutually supportive and stable relationships.



OVERVIEW:



Why Was PSHE and RSE Placed In The Curriculum?

- ★ The New Curriculum for **Relationships Health Education** was **made mandatory from September 2020** in all schools across the country. The DfE requires all schools to have this curriculum in place.
- ★ **Primary schools** must teach **RHE- Relationships and Health Education**, including education on **Mental Health & Wellbeing**.
- ★ Secondary Schools must teach **Relationships, Sex Education and Health Education**.
- ★ **How will this curriculum be taught in Catholic Schools?**

Purpose of this PSHE and RSE Curriculum meeting is to ensure that our parents are fully informed

- ★ **As a school, we would always want to continually deliver a curriculum which has the support of the vast majority, if not all, parents of our school family.**
- ★ **We recognise that children need an increasing level of understanding, knowledge and reasoning skills to deal with the modern world and the impact of social media, social networking and gaming content aimed at adults which many children are now more commonly exposed to; as well as advertising and the media in general. Schools and parents have a responsibility to impart positive messages and lessons which build our children's knowledge base, will power and resilience to support them with resisting the negative messages and influence they may encounter from TV programmes which portray unhealthy relationships or from photo-shopped body images of influencers and celebrities.**





TEN:TEN

Our PSHE and RSE Curriculum

3 CORE THEMES

Our curriculum is based on three core themes which are very adaptable to the age and ability of our pupils.

The three themes are embedded throughout the PSHE and RSE curriculum.

- **Created And Loved By God:** *Explores the children's relationship with God*
- **Created To Love Others:** *The children's relationship with others*
- **Created to Live In Community:** *The relationship between the children and the wider world.*



The Curriculum Outline: Topics To Be Covered Over Time



- ★ Resilience
- ★ Self-belief
- ★ Perseverance
- ★ Developing goals
- ★ Integrity
- ★ Courage
- ★ Humility
- ★ Generosity
- ★ Sense of justice
- ★ Recognising and reporting abuse
- ★ Rights over their own bodies.

- ★ Building character
- ★ Kindness
- ★ Consideration
- ★ Respect
- ★ Honesty/Truthfulness
- ★ Permission seeking/giving
- ★ Personal privacy
- ★ Boundaries
- ★ Inappropriate contact
- ★ Unsafe physical contact
- ★ Online safety/ boundaries and sharing images.


- ★ What a relationship is
- ★ What a friendship is
- ★ What family means
- ★ Healthy friendships
- ★ Family relationships and structures
- ★ Happiness and security
- ★ Seeking advice
- ★ Staying safe
- ★ Trusted adults



protected characteristics



Protected Characteristics

		
1. Age	2. Race	3. Gender
		
4. Religion	5. Relationship	6. Disability
		
7. Present yourself	8. Who you choose to love	9. To have a baby



Parental Right To Withdraw Pupils from RSE



- ★ Parents have the right to and may request that their child be withdrawn from some or all of sex education lessons delivered as part of RSE in year 6. You will have an opportunity to view all resources as TEN TEN content is placed on the website and shared in **Parents' Information Evenings**. Request to withdraw must be made in writing to the head teacher. Parents however, need to be aware that the same content covered in RSE covering **puberty and reproduction** are also covered in science lessons from which children cannot be withdrawn by law.

The Science Curriculum is Statutory- So Pupils may not be withdrawn

- ★ Parents may not withdraw pupils from Science lessons on sex education related topics which form part of the Compusory, Statutory National Curriculum.
- ★ In EYFS Children will explore life cycles of different animals.
Humans referring to Mothers: **Baby, toddler, child, teenager, adult.**
- ★ In KS1 - Pupils will be taught to notice that animals, including humans, have offspring (babies) which grow and change over time to adult form.

Key Stage 2 Science Curriculum

Includes the reproductive cycles

- ★ In Upper KS2 (Years 5 and 6) - Pupils are taught to describe the differences in the life cycles of **mammals**, **amphibians**, **insects** and **birds** and describe the life process of reproduction in some plants and animals. Pupils find out about different types of reproduction, including sexual and asexual reproduction in plants (pollenation), and sexual reproduction in animals.
- ★ Pupils are taught to describe the changes as humans age. They learn about the changes experienced in puberty.
- ★ Pupils work scientifically by researching the gestation periods of other animals and comparing them with humans.

Thank you for coming.



Any Questions?

★ If you wish to discuss any of the points in detail, please contact the school via e-mail.