

# St. Aidan's Catholic Primary School

## Menu



Dates	Week One				
Week Commencing	Monday	Tuesday	Wednesday	Thursday	Fun Friday
4.9.23	Homemade Meatballs in Tomato Sauce [1, 2, 7]	Chicken Curry [1, 4]	Roast Gammon	Mince Pasta Bake [1, 7, 8]	Beef Burger in a Bun
2.10.23	Tomato Pasta (V) [1]	Rice Naan Bread [1, 5]	Roast Potatoes Seasonal Vegetables Gravy [1]	Vegetable and Tomato bake (V) [1]	Chips Ketchup [1, 6]
6.11.23	Peas	Quorn Curry (V) [2]	Quorn Roast (V) [2]	Shortbread Biscuit [1, 8]	Veggie Burger (V) [1, 2, 5]
4.12.23	Oaty Cookies [1, 8]	Marble Cake & Custard [1, 2, 5, 8]	Fruit Salad [4]		Iced fairy cake [1, 2, 8]

Dates	Week Two				
Week Commencing	Monday	Tuesday	Wednesday	Thursday	Fun Friday
11.9.23	Beef Lasagne [1, 2, 7]	Jacket Potatoes with choice of fillings [2,7]	Roast Pork Roast Potatoes Seasonal Veg Gravy [1]	Sizzling Sausage & Rice [1]	Chicken fajitas [1]
9.10.23	Peas [1, 5, 7]			Vegetarian Sausage (V) [1]	Salsa
13.11.23	Tomato Pasta (V) With Cheese [7, 8]	(Suitable for Vegetarians)	Quorn Roast (V) [2]		Nachos [1]
11.12.23	Yum Yum biscuits [1, 2, 8]	Flapjacks [1, 8]	Fruit Salad	Vanilla Sponge & Custard [1, 2, 5, 8]	Quorn Fajitas (V) [1, 2]
					Chocolate Crispy Cake [5]

Dates	Week Three				
Week Commencing	Monday	Tuesday	Wednesday	Thursday	Fun Friday
18.9.23	Toad in the Hole [1, 2, 5, 8]	Chilli	Roast Chicken fillet & Stuffing	Bacon & Tomato Pasta [1]	Chicken Nuggets [1]
16.10.23	Mashed Potatoes	Rice	Roast Potatoes	Or	Chips Ketchup
20.11.23	Broccoli, Onion Gravy [1]	Toasted Pitta Bread [1]	Carrots Cauliflower Gravy [1, 5]	Macaroni Cheese (V) [1, 5, 7, 8]	Quorn Nuggets (V) [1, 2, 5]
18.12.23	Vegetarian Sausages (V) [1, 2, 5, 6]	Quorn Mince Chilli (V) [2]	Quorn fillets (V) [2,5]	Peas	
	Chocolate chip cookie [1, 5, 8]	Angel Delight [1, 5]	Shortbread biscuit [1, 8]	Garlic Bread [1, 8]	Iced Fairy Cake [1, 2, 8].
		Strawberries		Fruit Crumble & Custard [1, 5, 8]	

Dates	Week Four				
Week Commencing	Monday	Tuesday	Wednesday	Thursday	Fun Friday
25.9.23	Chicken Goujons Beans [1, 2, 5]	Spaghetti Bolognaise [1]	Chicken Casserole Roast Potatoes Seasonal Veg Peas	Vegetable Pasta Bake [1, 5, 7]	Deep Pan Pizza with assorted topping [1, 7]
30.10.23	Potato Shapes [1]	Grated cheese [1, 7]	Gravy [1]	Peas	[Suitable for vegetarians]
27.11.23	Quorn Goujons (V) [1, 2]	Quorn Mince Bolognaise (V) [1]	Quorn Casserole [2]	Grated cheese [1, 7]	Garlic Bread [1]
	Carrot Cake [1, 2, 5, 8]	Fresh Fruit jelly	Flapjacks [1, 8]	Rice Pudding Jam [5, 8]	Iced Chocolate cup cake [1, 2, 8]

- Where required gluten/dairy free products available.  
Salad Bar available every day.

- Gluten
- Eggs
- Fish
- May contain traces of nuts
- Milk
- Soya
- Cheese
- Dairy